

Edgar Johnson Senior Center

Monday-Friday 9am-5pm

Regular Schedule

Mondays

9am-5pm – Games and Cards

9:30-10:30am – Tai Chi

10am - Scrapbooking

12-1pm – Potluck Lunch

1-2:30pm – Bingo

Tuesdays

9am-5pm – Games and Cards

11-11:50am – Advance Aerobics

11-1 – Salad Lunch for 60+ Seniors

1-4pm – Watercolor Paint Class

Wednesdays

8-11am – Acrylic Painting with Pat

9am-5pm – Games and Cards

12-1pm – Potluck Lunch

1-3pm – Quilting

1-2:30pm - Bingo

Thursdays

9am-5pm – Games and Cards

11am – Aerobics for Seniors

11-1 – Salad Lunch for 60+ Seniors

1pm on 1st and 3rd Thursdays – Pickin' and Grinnin'

Fridays

9am-5pm – Games and Cards

9am – Paint Fridays

9:45-10:45am – Power Yoga

10-11am – Health Nuts/Pounds A-weigh

1pm – Amateur Line Dancing Club

Special Events & Field Trips

September

3rd – Field Trip - 10am-3pm – Cummer Museum & Gardens, Jacksonville - \$6

With more than 5,500 objects in its permanent collection, The Cummer is the largest fine arts museum in Northeast Florida. The museum is home to a highly regarded collection of European masters and American impressionists, a world-renowned collection of 18th century Meissen porcelain, and more than two-and-one half acres of historic gardens along the St. Johns River. *Art Connections*, the museum's nationally recognized education center, provides hands-on art experiences for visitors of all ages. The Cummer's unique blend of art, gardens, and education inspires imagination and excitement making the museum the premier cultural institution in the Southeast region.

17th – Field Trip – 10am-3pm – St. George Street Outing, St. Augustine - Free

If you are looking for quaint little shops, St. George Street is for you. From Greek Olives to genealogy searches to handcrafted items, the shops along St. George street are a great place to spend an afternoon.

18th – Seminar Day – 9-3

Healthy Living – Snack Smart/Economic Concerns

Various educational seminars held throughout the day. Lunch Provided.

October

8th – Field Trip – 10am-3pm – Appleton Museum, Ocala - \$4/6

"Art of the Chopper" Oct. 10, 2009-Jan. 10, 2010

As the first collection of custom motorcycles built as contemporary art, Art of the Chopper exhibition showcases 30 ostentatious yet beautiful bikes designed and constructed by such well known builders as Indian Larry, Jerry Graves, Rick Fairless and Mike Brown.

16th – Seminar Day – 9-3

Eating Right – Portion Distortion/ Health Fraud (Nutrition related)

Various educational seminars held throughout the day. Lunch Provided.

22nd – Field Trip – 10am-3pm – Jacksonville Zoo

Escape to the Jacksonville Zoo and Gardens for the only walking safari in Northeast Florida. Discover the earth's wildlife through interactive and educational experiences. A true family adventure, the Jacksonville Zoo and Gardens is growing and changing daily and is dedicated to the consistently improving.

30th – Halloween Party – 12-4pm

Spooky spiders and creepy crawlies, lions, witches and

November

5th – Daytona USA

Over the past 10 years, Daytona 500 Experience, formally known as DAYTONA USA, "The Official Attraction of NASCAR," has been delivering magical motorsports memories to both hard-core race fans and casual observers through hands-on activities, challenging thrills and one-of-a-kind sights.

19th – Ponce De Leon Lighthouse and Museum

It is the second largest in the nation and the first largest in Florida; it's Ponce de Leon Inlet Lighthouse. Ponce de Leon Inlet Lighthouse is a working light house with history. This lighthouse, completed in 1887 attracts hundreds of thousands of visitors each year.

20th – Seminar Day – 9-3

Food Safety – Thanksgiving Food Safety

Various educational seminars held throughout the day. Lunch Provided.

December

3rd - Field Trip – 10am-3pm – St. Johns Town Center, Jacksonville

Classy and posh shopping in a nice location. There are many places to choose from as well as nice restaurants. Get your holiday shopping done early!

17th – Field Trip – 10 am-3pm – Daytona Flea Market

Offering fresh produce, antiques, collectibles, and home furnishings, new and used merchandise. With anywhere from 600 to 1000 dealers each week, this very large flea market draws over 2 million visitors annually.

18th - Seminar Day – 9-3

Eating Right – Tiny Tastes

Various educational seminars held throughout the day. Lunch Provided.

January

7th - Field Trip – 10 am-3pm Angell & Phelps Chocolate Factory

The store runs short 15 minute tours every hour until 4pm which share information about the chocolate making process and interesting facts. Free samples at the end of the tour were the dealmaker.

15th - Seminar Day – 9-3

Health and Fitness – Energy Balance/ Fall Prevention

Various educational seminars held throughout the day. Lunch Provided.

21st - Field Trip – 10 am-3pm Museum of Arts and Sciences

The Museum of Arts & Sciences is located on a 90-acre Florida nature preserve, hosts some truly amazing treasures including the finest collection of American Art in the Southeast, the largest collection of Cuban art outside of Cuba, a Chinese art collection , and even a 13,000 year old Giant Ground Sloth!

February

4th - Field Trip – 10 am-3pm Ritz Theatre & LaVilla Museum

Ritz Theatre is a 400-seat theatre featuring a state-of-the-art sound system, theatrical lighting and 30' x 40' performance stage. The LaVilla museum is a living legacy that connects us to our past through images, objects and information that has been carefully handed down through many generations

12th - Seminar Day – 9-3

Heart Health Month/ Family Relationships in an Aging Society

Various educational seminars held throughout the day. Lunch Provided.

18th - Field Trip – 10 am-3pm Samuel P. Harn Museum of Art

The Samuel P. Harn Museum of Art builds and maintains art collections and produces many exhibitions and educational programs for visitors to enjoy. It is a part of the University of Florida.